

**Black Diamond** Shredded Cheese **4.99** 340 g

**Astro** Original Yogurt **2/\$5** 650 g

**Lactantia** 2% or Skim Pur Filtre Milk **3.99**

**Lactantia** Regular or Light Cream Cheese **1.99** 250 g brick or tub

**Swanson** Frozen Dinners **2/\$5** 280-345 g

**Tenderflake** Pie or Tart Shells **2.99** 255-350 g

**Cool Whip** Dessert Topping **2.99** 1 L

**Old South** Orange Juice **1.19** 283 ml

**Schneider's** Sausage Rolls **3.99** 450 g

**Compliment's** Fully Cooked Swedish or Italian Meatballs **6.99** 680 g

**Tenderflake** Lard **1.99** 454 g

**Sponge Towels** **5.99** 6's

**Del Monte** Fruit **1.49** 398 ml

**Swift** Premium Cooked Ham **3.99** 454 g

**Hidden Valley** Dressing **1.99** 473 ml

**Palmolive** Dish Detergent **2.49** 1L

**General Mills** Cheerios or Honey Nut Cheerios **2.99** 400-460 g

**Brandt** Original or Extra Lean Kolbassa Chubs **2.99** 250 g

**Brandt** Baked Meat Loaves **5.99** 1 lb (1.32/100 g)

**Brandt** Original or Garlic Roast Beef **8.99** 1 lb (1.99/100 g)

**D'Italiano** Bread **2.29**

**D'Italiano** Crustini & Sausage Buns **2.49**

**Fresh Baked** Lemon Tarts **2.99** pkg of 6

**Fresh Baked** Italian Bread **1.99** 494 g

# La Mantia's

COUNTRY MARKET FRESH

**SALE DATES EFFECTIVE SEPTEMBER 29TH TO OCTOBER 5TH, 2016**

**WWW.LAMANTIAS.CA**

**@LaMantiasMarket**

**Store Hours**  
Monday - Friday: 8:30 AM - 7:00 PM  
Saturday: 8:30 AM - 6:00 PM  
Sunday: 10 AM - 5 PM

**50 William St. South, Lindsay**

**QR Code**

**"We reserve the right to limit quantities"**  
**SORRY NO RAINCHECKS**

**VISA MasterCard Interac**

Illustrations of items in our advertisement do not necessarily represent items on sale. In the event of a discrepancy between an illustration and a description, the description takes precedence.

**Product of U.S.A., Sweet Potatoes** **.99** lb

**EXTRA LARGE**

**Product of Costa Rica, Golden Ripe Pineapple** **2.99** each

**FRESH**

**Pork Tenderloin** **3.99** lb

**PRODUCT OF CANADA**

**Boneless Beef Top Sirloin Roasts** **5.99** lb

**Campbell's** Chunky Soup **1.99** 540 ml

**Premium Plus** Crackers **2.99** 450-500 g

**Lactantia** 10% or 5% Coffee Cream **1.99** 1 L

**Black Diamond** Cheese Bars **4.99** 450 g

**Mrs. Renfro's** All Natural Salsa **3.99** 473 ml

**Black River** 100% Concord Grape Juice **4.99** 1 L

**Sproutalicious** Sprouted Spelt Cookies **5.99** 320 g

**Rise** Kombucha **2.99** 414 ml

**BOSHKUNG BREWING COMPANY**

**North Country Cream Ale or Kellerbier** **2.95** 473 ml (Incl HST & Deposit)

**Product of U.S.A., No. 1 Grade Cantaloupes** **1.29** each

**Product of Ontario, Pepper Squash** **1.29** each

**Product of Ontario, Nantes Sweet Carrots** **3.99** 3 L

**Product of U.S.A., No. 1 Grade Green Seedless Grapes** **1.99** lb

**Product of Ontario, Bartlett Pears** **5.99** 3 L basket

**Product of U.S.A., Romaine Hearts** **2.99** pkg of 3

**PRODUCT OF CANADA**

**Boneless Beef Tri-Tip Grilling Steaks** **8.99** lb

**PRODUCT OF CANADA**

**Canada Grade A, Fresh Chicken Breasts** **3.49** lb

**Virginia** Olde Fashioned Hams **7.99** 1 kg

**MEAL SOLUTION**

**Oven Ready, 3 Varieties Stuffed Pork Tenderloin** **9.99** lb

**Product of Ontario, Fresh Rainbow Trout** **5.99** lb

**PRODUCT OF CANADA**

**Lean Stewing Beef** **5.99** lb

**WHY COOK? LET US PREPARE YOUR THANKSGIVING TURKEY DINNER OR SPIRAL HAM DINNER**

**WOW!!!**  
**COMPLETE DINNER FOR ONLY \$99.00**

**JUST REHEAT!**  
Visit our prepared foods department  
**And place your order Monday - Friday**

Dinner Includes:  
• Fully Cooked Turkey, Minimum 12 lbs or Fully Cooked Spiral Ham, Minimum 8 lbs  
• Gourmet Stuffing • Homemade Cranberry Sauce  
• Mashed Potatoes • Gravy • Butternut Squash

**Chef Made Spaghetti Bolognese** **4.99**

**FULLY COOKED!**

**Chef Made Stuffed Ontario Peppers With Ground Beef & Rice** **8.99**